

THE WEEKLY NEWSLETTER for
St. Illtyd's Ilston, St. John the Baptist Penmaen, St Nicholas
Nicholaston, St. Mary's Pennard, St. Teilo's Bishopston
Churches in the Gower Ministry Area
(Reg Charity No C10 1210801 Website gowerma.org)
Sunday 15th March 2026 Mothering Sunday Lent 4

Contacts

Priests

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**LIFE WITH JESUS IS BETTER THAN LIFE
WITHOUT HIM**

**God of Mission Who alone brings growth to
your Church, Send your Holy Spirit to give
Vision to our planning, Wisdom to our actions,
And power to our witness. Help our church to
grow in numbers, In spiritual commitment to
you, And in service to our local community,
Through Jesus Christ our Lord. Amen.**

Sunday 15th March Mothering Sunday

9.30am St Teilo's Bishopston Eucharist

9.30am Sy Illtyds Ilston Eucharist

11.00am St Mary's Pennard Eucharist

Wednesday 18th March

9.45 am St Mary's Pennard Eucharist

Thursday 19th March

9.30am Lamplighter Celtic Communion

Sunday 22nd March

9.30am St Teilo's Bishopston Eucharist

11.00am St Mary's Pennard Eucharist

11.15 am St Nicholas Nicholaston Eucharist

Sunday 15th March 4th Sunday of Lent

Mothering Sunday In the Diocesan

Cycle of Prayer we pray for The Swansea
& Brecon Mothers' Union we also pray for the
Anglican Church of Kenya and all those who
follow Jesus in Turkiye

Peace Prayer

A Prayer for Peace March

Almighty Father, in this season of Lent, you are
the Lord of history, and we place in your hands
the distress of our times.

Do not allow war cries and threats to triumph, but
enlighten us that we may recognise the human
family across the world as ONE family. Welcome
those who have died comfort those who mourn;_
be with refugees and those driven from their
homes; and we remember that in your infancy,
your family were refugees; heal the wounds of
those injured in body and soul, and be close to all
who seek to aid them.

Dear All

There are 5 Sundays in March and this year the 5
th Sunday falls on **Palm Sunday**

As is traditional and as will be done in the other
clusters of the Ministry Area we will only have one
service that day

It will be 10.00 am at Pennard

Can wardens please bring the Palm Crosses from
their churches to be blessed for subsequent
distribution and for members who are there on the
day to have

Many thanks

Peter

We are sorry to announce the death of

Hazel Evans a Pennard stalwart

During Lent I would ask you to hold in prayer
throughout the season those who serve your
churches as officers and those who provide
worship and assist.

This is so important at this time of change and
sometimes we just don't realise all the hard work
they do behind the scenes with buildings, people ,
finance and a myriad of other matters that truly
make everything work I will be publishing a prayer
point each week in our bulletin

This week we think of all our church musicians

Tearfund With the continuing problems in Israel and
Gaza Tear Fund is in need of our support as they
are part of The DEC in addition to our monthly
contribution of £60 people can give their
contributions to Sue Waite or put them directly into
the Tearfund account. Sort Code: 30 90 89
Account No: 37039368

Dear Friends, you will have already had an attachment with your bulletin with regards to prayers you may wish to join with me in saying in our churches and in your own private prayers. Prayer is an important part of our faith and the more of us who pray for things we truly need for our churches then we will indeed see wonderful things happen. Some of these prayers will change month by month and I will of course inform you.

Peter

St. Mary's, Pennard

I did say that you hadn't heard the last from me....First, may I say thank you to those who have continued to contribute to the Food Bank, either with food or money donations since Christmas. Easter is approaching and we would like to make that time special for the families who use the Food Bank especially the children so please think about contributing in any way you can. Items may be brought to the church at any service, the Community Hall service, or delivered to either Ailsa or me.

We will be making our Easter delivery on March 19th.

Eileen Thompson

Here is a current list of what we need at West Cross Foodbank.

Tinned Custard

Instant packet pasta Pasta/cooking sauces

Smash Baked beans Tinned potatoes

Tinned Spaghetti Pulses Milk

Biscuits Salt and pepper small pots

Washing up liquid Shampoo Soap

Drop off to Lamplighter or in Church Hall at Sunday Service or Linden Church Monday 11-30-2.30, Wed 9.30-12, Fridays 10-3.

Co op collection baskets at Mumbles, Brynmill and Bishopston.

Lent 2026

We will be hosting the Church in Wales Lent Course from Wednesday 18th February 7.00 pm each week at the Lamplighter,

It is called 'From Pancakes to Palm Crosses' and features the story of Easter as seen through our Cathedrals.

This is a provincial course that will take us on a pilgrimage across Wales, visiting each of our six historic cathedrals for each week of Lent

This is a course designed to be completed in study groups, with discussion questions and videos provided, but it can also be completed alone.

Each video has a choice of English and Welsh subtitles, and all written materials are bilingual.

Each video is 10 minutes long, and provides discussion questions for a study group session that will last a recommended time of one hour. We hope you enjoy this course and use it to draw closer to God during this season of reflection!

<https://www.churchinwales.org.uk/en/evangelism/lent-2026-from-pancakes-to-palm-crosses/>

Have you visited us in The Lamplighter recently? We are a welcoming, friendly place, that serves Gower Coffee, has beautiful cards & locally crafted gifts in Bishopston! We have regular groups & friends that use us as a meeting place to have a cuppa! Come in to see our Easter cards, Lent studies and so much more! Pop in to see what we have!
Tuesday - Friday, 10:00 - 3:30
Saturday, 10:00 - 12:00

Sunday 15th March 2025 The Fourth Sunday of Lent

God of love, passionate and strong,
tender and careful: watch over us and hold us
all the days of our life; through Jesus Christ
our Lord. **Amen**

Readings for Mothering Sunday

A reading from Exodus (2.1-10)

Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him for three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him.

The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him. 'This must be one of the Hebrews' children,' she said.

Then his sister said to Pharaoh's daughter, 'Shall I go and get you a nurse from the Hebrew women to nurse the child for you?'

Pharaoh's daughter said to her, 'Yes.' So the girl went and called the child's mother.

Pharaoh's daughter said to her, 'Take this child and nurse it for me, and I will give you your wages.' So the woman took the child and nursed it.

When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, 'because', she said, 'I drew him out of the water.'

This is the word of the Lord.

Thanks be to God.

Psalm 34.11-20

**Come, children, and listen to me;
I will teach you the fear of the Lord.**

Come, my children, and listen to me; I will teach you the fear of the Lord. Who is there who delights in life and longs for days to enjoy good things?

**Come, children, and listen to me;
I will teach you the fear of the Lord.**

Keep your tongue from evil and your lips from lying words. Turn from evil and do good; seek peace and pursue it.

**Come, children, and listen to me;
I will teach you the fear of the Lord.**

The eyes of the Lord are upon the righteous and his ears are open to their cry. The face of the Lord is against those who do evil, to root out the remembrance of them from the earth.

**Come, children, and listen to me;
I will teach you the fear of the Lord.**

The righteous cry and the Lord hears them and delivers them out of all their troubles. The Lord is near to the brokenhearted and will save those who are crushed in spirit.

**Come, children, and listen to me;
I will teach you the fear of the Lord.**

Many are the troubles of the righteous; from them all will the Lord deliver them. He keeps all their bones, so that not one of them is broken.

**Come, children, and listen to me;
I will teach you the fear of the Lord.**

A reading from 2 Corinthians (1.3-7)

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all consolation, who consoles us in all our affliction, so that we may be able to console those who are in any affliction with the consolation with which we ourselves are consoled by God. For just as the sufferings of Christ are abundant for us, so also our consolation is abundant through Christ.

If we are being afflicted, it is for your consolation and salvation; if we are being consoled, it is for your consolation, which you experience when you patiently endure the same sufferings that we are also suffering.

Our hope for you is unshaken; for we know that as you share in our sufferings, so also you share in our consolation.

This is the word of the Lord.

Thanks be to God.

Listen to the Gospel of Christ according to St Luke (2.33-35)

Glory to you, O Lord.

And the child's father and mother were amazed at what was being said about him. Then Simeon blessed them and said to his mother Mary, 'This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed so that the inner thoughts of many will be revealed – and a sword will pierce your own soul too.'

This is the Gospel of the Lord.

Praise to you, O Christ.

Loving God, as a mother feeds her children at the breast you feed us in this sacrament with the food and drink of eternal life: help us who have tasted your goodness to grow in grace within the household of faith; through Jesus Christ our Lord. **Amen.**