

THE WEEKLY NEWSLETTER for
St. Illtyd's Ilston, St. John the Baptist Penmaen, St Nicholas
Nicholaston, St. Mary's Pennard, St. Teilo's Bishopston
Churches in the Gower Ministry Area
(Reg Charity No C10 1210801 Website gowerma.org)
Sunday 31st May 2026 Trinity Sunday

Contacts

Priests

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**LIFE WITH JESUS IS BETTER THAN LIFE
WITHOUT HIM**

God of Mission Who alone brings growth to your Church, Send your Holy Spirit to give Vision to our planning, Wisdom to our actions, And power to our witness. Help our church to grow in numbers, In spiritual commitment to you, And in service to our local community, Through Jesus Christ our Lord. Amen.

Sunday 31st May Trinity Sunday

**One service only 10.00am St Teilo's Bishopston
4.00pm MAC Annual Vestry Meeting St Cattwg's
Port Eeynon**

Wednesday 3rd June

9.45 am St Mary's Pennard Eucharist with Mothers Union

7.00pm Thy Kingdom Come Initiative Lamplighter

Thursday 4th June

9.30 am Celtic Communion Lamplighter

Sunday 7th June Trinity 1

9.30am St. Illtyd's Ilston Eucharist

9.30am St. Teilo's Bishopston Morning Prayer

11.00am St. Mary's Pennard Eucharist

11.15am St Nicholas Nicholaston Morning Prayer

**Sunday 31st May Trinity Sunday In the
Diocesan Cycle of Prayer** we pray for the

work of all volunteers in our church communities we also pray for The Eglise Anglicane du Rwanda and those who follow Jesus in North Korea

St Teilo's Flower rota

May 31st June 7th Isabel and Pauline

Mr Mark Smith's funeral will be at 12.00pm 12th June at Llanelli Crematorium,

The funeral of Mrs Eileen Hall will take place on the 1st of June at 2.15 pm followed by Cremation at Llanelli at 4.00 pm

All are welcome to attend both or one of these celebrations of Eileen's life. There will be no wake following the funeral.

A Prayer for Peace

Gracious Lord

We bring our plea to you in prayer. In the midst of strife and war we pray that you will grant: Wisdom to the leaders of all nations, Comfort to the fearful, Relief to the suffering and Protection to the innocent. Dear Lord, we pray for Peace. Amen

What's Happening Next?

Following on from our Lent Bible reflections from around the Church in Wales we are looking at what comes next.

From June 3rd we will commence a six week look at the Gospel of Luke. This again will be at 7.00 pm on a Wednesday night
All welcome.

Tearfund With the continuing problems in Israel and Gaza Tear Fund is in need of our support as they are part of The DEC in addition to our monthly contribution of £60 people can give their contributions to Sue Waite or put them directly into the Tearfund account. Sort Code: 30 90 89
Account No: 37039368

Cuppa at The Lamplighter

Have you thought of meeting friends at The Lamplighter? We serve lovely Gower Coffee, have locally made cakes, and lots of really fantastic cards & gifts to look at!
Make The Lamplighter your "Go To" place for your meeting place, cards & gifts!

Here is a current list of what we need at West Cross Foodbank.

Tinned Custard Instant,
packet pasta, Pasta/cooking sauces
Smash, Baked beans, Tinned potatoes
Tinned Spaghetti, Pulses, Milk
Biscuits, Salt and pepper small pots
Washing up liquid, Shampoo, Soap

Drop off to Lamplighter or Church at Sunday Service or Linden Church Monday 11-30-2.30, Wed 9.30-12, Fridays 10-3.

Sunday 31st May 2026
Trinity Sunday

Almighty and everlasting God, you have given us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity and in the power of the divine majesty to worship the Unity: keep us steadfast in this faith, that we may evermore be defended from all adversities; through Jesus Christ your Son our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

A reading from Isaiah (40.12-17, 27-31)

Who has measured the waters in the hollow of his hand and marked off the heavens with a span, enclosed the dust of the earth in a measure, and weighed the mountains in scales and the hills in a balance? Who has directed the spirit of the Lord, or as his counsellor has instructed him? Whom did he consult for his enlightenment, and who taught him the path of justice? Who taught him knowledge, and showed him the way of understanding?

Even the nations are like a drop from a bucket, and are accounted as dust on the scales; see, he takes up the isles like fine dust. Lebanon would not provide fuel enough, nor are its animals enough for a burnt-offering. All the nations are as nothing before him; they are accounted by him as less than nothing and emptiness.

Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the Lord, and my right is disregarded by my God'? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless.

Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

This is the word of the Lord.

Thanks be to God.

Psalm 8

O Lord our governor, how glorious is your name in all the world!

Your majesty above the heavens is praised out of the mouths of babes at the breast. You have founded a stronghold against your foes, that you might still the enemy and the avenger.

O Lord our governor, how glorious is your name in all the world!

When I consider your heavens, the work of your fingers, the moon and the stars that you have ordained, what are mortals, that you should be mindful of them; mere human beings, that you should seek them out?

O Lord our governor, how glorious is your name in all the world!

You have made them little lower than the angels and crown them with glory and honour. You have given them dominion over the works of your hands, and put all things under their feet.

O Lord our governor, how glorious is your name in all the world!

All sheep and oxen, and even the wild beasts of the field, the birds of the air, the fish of the sea and whatsoever moves in the paths of the sea.

O Lord our governor, how glorious is your name in all the world!

A reading from 2 Corinthians (13.11-13)

Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you.

The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

This is the word of the Lord.

Thanks be to God.

Listen to the Gospel of Christ according to St Matthew (28.16-20)
Glory to you, O Lord.

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshipped him; but some doubted.

And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.'

This is the Gospel of the Lord.

Praise to you, O Christ.

Almighty and eternal God, you have revealed yourself as Father, Son and Holy Spirit, and live and reign in the perfect unity of love: hold us firm in this faith, that we may know you in all your ways and evermore rejoice in your eternal glory; holy and eternal Trinity, one God, now and for ever. **Amen.**