

**THE WEEKLY NEWSLETTER for**  
**St. Iltyd's Ilston, St. John the Baptist Penmaen, St Nicholas**  
**Nicholaston, St. Mary's Pennard, St. Teilo's Bishopston**  
**Churches in the Gower Ministry Area**  
**(Reg Charity No C10 1210801 Website gowerma.org)**  
**Sundav 21<sup>st</sup> June 2026 Third Sundav after Trinity**

**Contacts**

**Priests**

Venerable Peter Brooks 01792 232928

[PeterBrooks@cinw.org.uk](mailto:PeterBrooks@cinw.org.uk)

Rev. Nigel King 01792 233124

[Nigeledward.king@btopenworld.com](mailto:Nigeledward.king@btopenworld.com)

Rev. Sue Waite 01792 234739

[srwaite@btinternet.com](mailto:srwaite@btinternet.com)

**Reader**

Dave Ball 01792 232037

[david@baralawr.co.uk](mailto:david@baralawr.co.uk)

**LIFE WITH JESUS IS BETTER THAN LIFE  
WITHOUT HIM**

**God of Mission Who alone brings growth to your Church, Send your Holy Spirit to give Vision to our planning, Wisdom to our actions, And power to our witness. Help our church to grow in numbers, In spiritual commitment to you, And in service to our local community, Through Jesus Christ our Lord. Amen.**

**Sunday 21<sup>st</sup> June Trinity 3**

9.30am St. Teilo's Bishopston Eucharist

9.30am St. Iltyd's Ilston Eucharist

11.00am St Mary's Pennard Eucharist

**Wednesday 24<sup>th</sup> June**

9.45 am St Mary's Pennard Eucharist

11.30 Heatherslade

7.00pm Thy Kingdom Come Initiative Lamplighter

**Thursday 25<sup>th</sup> June**

9.30 am Celtic Communion Lamplighter

**Sunday 28<sup>th</sup> June**

9.30am St. Teilo's Bishopston Eucharist

11.00am St Mary's Pennard Eucharist

11.15 am St Nicholas Nicholaston Eucharist

**Sunday 21<sup>st</sup> June Trinity 3 in the**

**Diocesan Cycle of Prayer** we pray for

Those holding Permission to Officiate we

also pray for The Church of South India

(United) and those who follow Jesus in

Sudan

**St Teilo's Flower rota**

June 21<sup>st</sup> Betsan Phillips

June 28<sup>th</sup> & July 5<sup>th</sup> Jenn Barnes

The funeral of **Huw Bowen** will take place on the 24<sup>th</sup> June at 11.00 am at Swansea Crematorium

It is with some shock that we have heard of the sudden death of **Margaret Waymark**  
Our condolences to the family More details as we have them

**A Prayer for Peace**

A New Prayer for Peace for June  
Gracious Lord, grant your people the blessing of peace in your world. Incline world leaders to favour compromise over conflict and your people to favour compassion over hatred. Incline people of all faiths and none to respect one another and live peaceably together. In Jesus' name, Amen.

We are sad to announce the passing of **Pam Watson** aged 95. Many in our parish will remember Pam and her husband John who were both very involved in the creation of The Lamplighter Shop, her Funeral Service will be held on Wednesday 24th June 2026 at 11.00am at Bethel Private Chapel of Rest, 2 Waunarlwydd Road, Cockett, Swansea, SA2 0GB. Immediate family flowers only please. Donations, if so desired, can be made to 'Tŷ Hafan Children's Hospice' in Pamela's memory.

**What's Happening Next?**

Following on from our Lent Bible reflections from around the Church in Wales we are looking at what comes next.

From June 3rd we will commence a six week look at the Gospel of Luke. This again will be at 7.00 pm on a Wednesday night  
All welcome.

**Tearfund** With the continuing problems in Israel and Gaza Tear Fund is in need of our support as they are part of The DEC in addition to our monthly contribution of £60 people can give their contributions to Sue Waite or put them directly into the Tearfund account. Sort Code: 30 90 89  
Account No: 37039368

**Cuppa at The Lamplighter**

Have you thought of meeting friends at The Lamplighter? We serve lovely Gower Coffee, have locally made cakes, and lots of really fantastic cards & gifts to look at!  
Make The Lamplighter your "Go To" place for your meeting place, cards & gifts!

**Here is a current list of what we need at West Cross Foodbank.**

Tinned Custard Instant,  
packet pasta, Pasta/cooking sauces  
Smash, Baked beans, Tinned potatoes  
Tinned Spaghetti, Pulses, Milk  
Biscuits, Salt and pepper small pots  
Washing up liquid, Shampoo, Soap  
Drop off to Lamplighter or Church at Sunday  
Service or Linden Church Monday 11-30-2.30,  
Wed 9.30-12, Fridays 10-3.

**Sunday 21<sup>st</sup> June 2026  
The Third Sunday after Trinity**

Almighty God, you have broken the tyranny of sin and have sent the Spirit of your Son into our hearts whereby we call you Father: give us grace to dedicate our freedom to your service, that we and all creation may be brought to the glorious liberty of the children of God; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

**A reading from Jeremiah (20.7-13)**

O Lord, you have enticed me, and I was enticed; you have overpowered me, and you have prevailed. I have become a laughing-stock all day long; everyone mocks me. For whenever I speak, I must cry out, I must shout, 'Violence and destruction!' For the word of the Lord has become for me a reproach and derision all day long. If I say, 'I will not mention him, or speak any more in his name', then within me there is something like a burning fire shut up in my bones; I am weary with holding it in, and I cannot. For I hear many whispering: 'Terror is all around! Denounce him! Let us denounce him!' All my close friends are watching for me to stumble. 'Perhaps he can be enticed, and we can prevail against him, and take our revenge on him.'

But the Lord is with me like a dread warrior; therefore my persecutors will stumble, and they will not prevail. They will be greatly shamed, for they will not succeed. Their eternal dishonour will never be forgotten. O Lord of hosts, you test the righteous, you see the heart and the mind; let me see your retribution upon them, for to you I have committed my cause.

Sing to the Lord; praise the Lord! For he has delivered the life of the needy from the hands of evildoers.

This is the word of the Lord.  
**Thanks be to God.**

**Psalm 69. 7-10, 16-18**

**Hide not your face from your servant, O Lord.**

For your sake have I suffered reproach; shame has covered my face. I have become a stranger to my kindred, an alien to my mother's children.

**Hide not your face from your servant, O Lord.**

Zeal for your house that has eaten me up; the scorn of those who scorn you have fallen on me. I humbled myself with fasting, but that was turned to my reproach.

**Hide not your face from your servant, O Lord.**

Answer me, Lord, for your loving-kind-ness is good; turn to me in the multitude of your mercies. Hide not your face from your servant; be swift to answer me, for I am in trouble. Draw near to my soul and redeem me; deliver me because of my enemies.

**Hide not your face from your servant, O Lord.**

**A reading from Romans (6.1b-11)**

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him.

We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

This is the word of the Lord.

**Thanks be to God.**

**Listen to the Gospel of Christ according to  
St Matthew (10.24-39)  
Glory to you, O Lord.**

'A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

'So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

'Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

'Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword. For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law; and one's foes will be members of one's own household.

'Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.'

This is the Gospel of the Lord.

**Praise to you, O Christ.**

O God, whose beauty is beyond our imagining and whose power we cannot comprehend: show us your glory as far as we can grasp it, and shield us from knowing more than we can bear until we may look upon you without fear. **Amen.**